

If I Had... ...I Would Use Top Product Suggestions!

Colon Health

Paraway Pack, ProBionic, Una de Gato

Concentration

CognoBlend, Clear Thoughts, Paraway Pack

Congestion

Reliev-Ol, Immunizen or SIG,
Optimal Health Pack

Conjunctivitis

Una de Gato, Immunizen, VISUtein

Constipation

Natures Tea, Aloe Vera, ProBionic
Must do a cleanse using the Paraway Pack for 3 months

Contagious Diseases

Immunizen or SIG, Paraway Plus, Una de Gato

Convulsions

EFA, CognoBlend, Daily Produce 24

Coughs

Reliev-Ol, Immunizen or SIG

Cramps, abdominal

Paraway Plus, Enzygen, LowOz

Cramps, muscle

Traum-Ex, Cal-Mag Complex, LowOz,
MegaMins (apply topically)

Cravings, sugar

Power Burn, Java Lean, MegaMins, Anti-Craving Formula, ChromaTone
Below have also been beneficial:
Lean Complete, Chocolate Diet Program, EquaLean, Paraway Pack, Cellular Essentials

Crohn's Disease

MultiFiber TLC, ProBionic, Una de Gato

Croup

Reliev-Ol, Immunizen or SIG

Cystitis

Una de Gato, ProBionic,
Women's Formula Plus

Cysts, breasts

Women's Formula Plus, Wild Yam Cream,
Vitamin E, Bio-C

Decongestion

Reliev-Ol, Defend-Ol

Degenerative Disc Disease

C.M. Plex Caps and Cream, Glucosamine AJF
or Osteo Essentials, BM&C Plus
Important to stay on: Cal-Mag Complex

Dementia

CognoBlend, Clear Thoughts, EFA
Important to do a Paraway Pack for 3 months

Depression (Men)

Stress Aid, DHEA, EnJuvenate
Important to do a Paraway Pack for 3 months

Depression (Women)

Stress Aid, Herbal Voltage, Cal-Mag Complex
Hormonal: Wild Yam Cream, Meno-Basics,
PMS Balance
Important to do a Paraway Pack for 3 months

Detoxification

Paraway Pack, Cleanse Pack, ProBionic

Dehydration

LowOz

Diabetes (type 2)

Bios Life 2, EquaLean, ChromaTone

Diarrhea

ProBionic, MultiFiber TLC, Paraway Plus
Prevent dehydration use: LowOz
If fever add Immunizen or SIG

Digestion

Enzygen, Bios Life 2, Una de Gato

Digestive System

Enzygen, Bios Life 2/Multifiber TLC,
ProBionic

Diuretic

Cleanse Tea, Natures Tea

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Diverticulitis

Una de Gato, ProBionic, Enzygen, Paraway Plus

Dizziness

CognoBlend, EFA, Cellular Essentials

Drug Withdrawal

Stress Aid, Liver Essentials, Cleanse Pack
If having a hard time concentrating: Clear Thoughts or CognoBlend

Dyslexia

EFA, Bee Pollen, Clear Thoughts

Ear Infection

SIG, Reliev-OI, Defend-OI
If previously taking an Antibiotic be sure to add: ProBionic

EczeMa

Topical: Aboriginal Gold, Dr. Berman's Mineral Mask
Internal: Paraway Pack, Red Clover, LifAloe, Aloe Vera

Edema

Cleanse Tea, Bios Life 2, Cardio Essentials

Electrolytes

LowOz, MegaMins, Core Health Pack

Emphysema

Reliev-OI, CoQ10, Vascular Complete
Cleanse Pack for 2 weeks

Endocrine Glands

Bee Pollen, Core Health Pack,
Daily Produce 24,
Men add: DHEA
Women add: Wild Yam Cream
If over 40 add: EnJuvenate

Endometriosis

Wild Yam Cream, Red Clover Extract,
Core Health Pack
If struggling with yeast add: ProBionic,
Going through menopause add: Meno-Basics,
Important to cleanse 3 months: Paraway Pack

Endurance

Herbal Voltage, Core Health Pack,
Daily Produce 24,
Cleanse is important 3 months: Paraway Pack

Energy

Herbal Voltage, Bee Pollen, CoQ10

Environmental Pollutants

Defend-OI, LifePath 50/Natures Force
It is important to do cleanse: Paraway Pack 3 months, Cleanse Pack 2 weeks

Enzymes Deficiency

Enzygen, Bee Pollen, Daily Produce 24

Epilepsy

CognoBlend, EFA, Bee Pollen
Important for women to use: Wild Yam Cream

Epstein Barr Virus

ChloroPlasma, SIG, Una de Gato
Important to do Paraway Pack for 3 months

Estrogen (natural)

Red Clover, Core Health Pack, Women's Formula Plus
Wild Yam: is important to help balance hormones

Excitability

Stress Aid, Calmplex-2000, Vit. B Complex +C,
Hawaiian Noni

Exhaustion

Herbal Voltage, Bee Pollen, Core Health Pack
If over 40: EnJuvenate
If due to poor circulation add: CoQ10

Expectorant

Reliev-OI

Eye Sight

VISUtein, Bilberry, PhytoPath
If over 40 use: EnJuvenate

Fat Binding

ChitoRich, Bios Life 2, LiFiber, MultiFiber
TLC

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Fat Burning

Power Burn, ChitoRich, Java Lean,
Lean Complete, Cleanse Tea, Chocolate Diet

Fatigue

Herbal Voltage, Bee Pollen, Cardio Essentials

Female Reproductive System

Wild Yam Cream, Red Clover Plus, LoveRx
Should take and stay on: Core Health Pack

Fertility

Wild Yam Cream, Red Clover Plus, Bee Pollen,
MegaMins
It is important to add: EFA, Cal-Mag Complex,

Fever Blisters

Una de Gato, SIG, ProBionic
Topically: Dr. Berman's Aboriginal Gold,
E-International Lip Block, Retinol Serum

Fevers

Immunizen, SIG, Una de Gato

Fiber

Bios Life 2/LiFiber/Multifiber TLC, ChitoRich

Fibromyalgia

Una de Gato, C.M. Plex caps and Cream, EFA
Important to do: Paraway Pack for 3 months
Important to do: Cleanse Pack 2 weeks

Fistulas

Vascular Complete, ProBionic, Enzygen,
Bios Life 2
Important to do: Paraway Pack (use tea and
fiber slowly)

Flu

Immunizen or SIG, Una de Gato, Paraway Plus
If having stomach pain add: LifAloe

Food Poisoning

Paraway Plus, LiFiber, ProBionic, Enzygen,
LifAloe

Fractures

BoneMate, BM&C Plus, Traum-Ex
Topically: C.M. Plex Cream

Fungal Infection

Immunizen or SIG, Aloe Vera, Una de Gato,
Topically add: Aboriginal Gold

Gall bladder Problems

Bios Life 2, Liver Essentials, Enzygen,
Intern-Ol
Important to add: Paraway Pack

Gallstones

LifAloe, Enzygen, EFA, Cal-Mag Complex

Gamma Radiation

Important to add: Cleanse Pack
Add after cleanse: LifePath 50 or Natures Force

Gastritis

Una de Gato, Enzygen, ProBionic, Intern-Ol,
Important to add: Paraway Pack 3 months

Gastrointestinal Tract

ProBionic, Una de Gato, MultiFiber TLC
Important to add: Paraway Pack 3 months

Gingivitis

Orarex, CoQ10

Glaucoma

VISUtein, Vision Complete/ Bilberry

Glycogen

Carb Explosion

Goiter

Core Health Pack, ChloroPlasma, MegaMins
If over 40 add: EnJuvenate

Gonorrhea

Paraway Plus, Aloe Vera, Immunizen or SIG,
Core Health Pack
Important to add: Cleanse Pack

Gout

Bee Pollen, EFA, EquaLean, Cal-Mag Complex
Topically use: C.M. Plex Cream

Gray Hair

MegaMins, Core Health Pack
If over 40 add: EnJuvenate

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Gums

Orarex, CoQ10, Cardio Essentials

Hair Loss (male/female pattern baldness)

Women: Wild Yam Cream

Men: DHEA

All: Vit. B Complex +C, 3-1 Shampoo, EFA

If over 40 add: EnJuvenate

Hay Fever

Bee Pollen, Defend-OI, Reliev-OI

Headache

EFA, CognoBlend, Bilberry, Paraway Pack, Stress Aid

If allergy related: Defend-OI

If circulatory use: Cellular Essentials, Vascular Complete

If menstrual: PMS Balance, Wild Yam Cream

If vomiting use: LowOz

Topically on the temples of the head: MegaMins

Hearing Loss

Bilberry, Cellular Essentials, MegaMins

Heart

Cardio Essentials/CoQ10, Vascular Complete, Cellular Essentials

Stay on: Bios Life 2, Vitamin E

Heartburn

Enzygen, Intern-OI, Bios Life 2, LifAloe

Hemorrhoids

Bio-C, Bios Life 2, Cellular Essentials, Aloe Vera

Use Natures Tea slowly

Hepatitis

Liver Essentials, Bio-C, Immunizen, PhytoPath,

Important to do: Cleanse Pack for 2 weeks

Stay on: Daily Produce 24

Hernia

Enzygen, ProBionic, LifAloe, Bio-C

Herpes Simplex/Virus/Zoster

Una de Gato, Immunizen, ChloroPlasma

High Blood Pressure

Bios Life 2, Cellular Essentials, Cardio Essentials

If retaining fluid add: Cleanse Tea

To strengthen the walls of the vessels add: Vascular Complete

Hodgkin's Disease

Immunizen, Daily Produce 24, MultiFiber TLC

Continually take: Cleanse Pack

If dehydrated add: LowOz

Hormone Balance (women)

Progesterone: Wild Yam Cream

Estrogen: Red Clover Plus, Meno-Basics

Menopause: Meno-Basics, Women's Formula, Core Health Pack

PMS Symptoms: PMS Balance, LoveRx, EFA

Hormones (men)

DHEA, LoveRx, Prostate TLC

Over 40 add: EnJuvenate,

Hot Flashes

Wild Yam Cream, Red Clover Plus,

Meno-Basics

Hyperactivity

Calmplex-2000, Clear Thoughts, Bee Pollen

If having food allergies add: Defend-OI

Hypoglycemia

Bios Life 2, ChromaTone, EquaLean

Hysteria

Calmplex-2000, Stress Aid, Hawaiian Noni

Immune System Builder

Immunizen, SIG, Super Chlorophyll

If over 40 add: EnJuvenate

Impetigo

Cleanse Pack, Bio-C, ProBionic

Children use: LifePath Chewies

Topically: Aboriginal Gold

Impotence (Men)

LoveRx, Bilberry, Prostate TLC,

Men's Formula Plus
